CURRICULUM VITAE AND PUBLICATIONS LIST



CURRICULUM VITAE

Name and Surname: Berivan Beril Kılıç

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Area of Expertise: Health Sciences
Physical therapy and rehabilitation

Degree	Department/Program	University	Year
Doctorate	FİZYOTERAPİ VE REHABİLİTASYON (DR)	Marmara University	2023
Master's Degree	EGZERSİZ FİZYOLOJİSİ (YL) (TEZLİ)	İstanbul University	2015
Bachelor's Degree	FİZİK TEDAVİ VE REHABİLİTASYON PR.	İstanbul University	2011

Master's Thesis Title (abstract attached) and Thesis Supervisor(s):

Kronik ayak bileği instabilitesi olan genç bayan basketbolcularda kinesio tape uygulamasının fonksiyonel performans ölçümleri üzerine etkisi

Doctoral Thesis/Proficiency Study/Medical Specialization Thesis Title (abstract attached) and Supervisor(s):

Üriner inkontinanslı olgularda bire bir ve grup şeklinde verilen video konferans telerehabilitasyon yönteminin etkinliği

PUBLICATIONS

A. Articles published in international peer-reviewed journals:

A1. Mete E., Kaygusuz Benli R., Kılıç B. B., Yaşarer Ö., "Modeling positive and negative attitudes toward artificial intelligence among physiotherapy students: The role of literacy, anxiety, beliefs, and emotions", *Work*, vol. 85, no. 3, pp. 883-894, 2026.

A2. Yazgan E. A., Özdinçler A. R., Kılıç B. B., "Stroboscopic Versus Traditional Balance Training in Female Volleyball Players With Chronic Ankle Instability: A Randomized Controlled Trial", *Sports Health*, 2026.

A3. Parlak A., Hoşbay Z., Kılıç B. B., Kavak H., "The Relationship Between Upper Extremity Performance, Core Endurance, and Balance in Adolescent Football Players Die Beziehung zwischen der Leistungsfähigkeit der oberen Extremität, der Rumpfmuskel-Ausdauer und dem Gleichgewicht bei Jugendlichen Fußballspielern", *Sportverletzung-Sportschaden*, 2026.

A4. Kılıç B. B., Dinçer Ş., "Pelvic Floor Knowledge and Dysfunctions in Female Athletes: Impact of Demographics, Sport Profile, and Physical Activity", *International Urogynecology Journal*, 2026.

A5. Benli R. K., Yaşarer Ö., Mete E., Kılıç B. B., "The relationship between comorbidities, physical inactivity, kinesiophobia and physical performance in hypertensive individuals: a cross-sectional study.", *BMC Cardiovascular Disorders*, vol. 25, 2025.

A6. Yaşarer Ö., Mete E., Kaygusuz Benli R., Kılıç B. B., Doğan H., Sarı Z., "Association between smartphone addiction and myofascial trigger points", *BMC Musculoskeletal Disorders*, vol. 25, no. 1, 2024.

A7. Kılıç B. B., Yildiz Ozer A., Ozarpaci C., Polat M. G., "The Comparison of Individual and Group Hybrid Telerehabilitation Methods in Women with Urinary Incontinence", *International Urogynecology Journal*, vol. 35, no. 6, pp. 1299-1315, 2024.

A8. Akgül H., Kılıç B. B., Selçuk H., Sermenli Aydin N., Mete E., Sari D. M., Drake S., Kuru Çolak T., "CURRENT KNOWLEDGE OF SCOLIOSIS IN PHYSIOTHERAPISTS AND PHYSIOTHERAPY STUDENTS TRAINED IN TURKEY", *Turkish Journal of Physiotherapy and Rehabilitation*, vol. 33, no. 3, pp. 123-129, 2022.

A9. Genc A., Cakarer S., Yalcin B. K., Kılıç B. B., Isler S. C., Keskin C., "A comparative study of surgical drain placement and the use of kinesiologic tape to reduce postoperative morbidity after third molar surgery", *Clinical Oral Investigations*, vol. 23, no. 1, pp. 345-350, 2019.

B. Papers presented at international scientific meetings and published in proceedings:

B1. Kara Kaya B., Kılıç B. B., Üstün Ç., Durgun B. C., Thermal Asymmetry in Athlete Monitoring: Independent Physiological Dimension or Marker of Functional Imbalance?, In: *31st European College of Sports Science Annual Congress*, Switzerland, 2026.

B2. Kılıç B. B., Dinçer Ş., Association Between Pelvic Floor Dysfunction and Lower Extremity Performance in Female Volleyball Players A Pilot Study, In: *31st Annual Congress of the European College of Sport Science*, Switzerland, 2026.

B3. Borounmand S., Padash A., Amro M. R., Kılıç B. B., Dinçer Ş., Fıtness Yapan ve Sedanter Bireylerde Bel Ağrısı, Core Kas Enduransı, Fonksiyonel Kapasite ve Yaşam Kalitesinin Karşılaştırılması: Kesitsel Bir Çalışma, In: *ISPEC 11th International Medical and Health Sciences Congress*, Turkey, 2026.

B4. Kılıç B. B., Polat G., Hoşbay Z., Bayraktar B., EFFECTS OF THREE VERSUS SIX SESSIONS OF FOCUSED EXTRACORPOREAL SHOCK WAVE THERAPY ON CLINICAL OUTCOMES FOLLOWING ACL RECONSTRUCTION: A PRELIMINARY STUDY, In: *ESSKA CONGRESS 2026*, Czech Republic, 2026.

B5. Sohaib Al Dewachı M. H., Mehrabi M., Rahimi Sard Rod M. R., Dinçer Ş., Kara Kaya B., Kılıç B. B., Sağlıklı Kadınlarda Wunda Chair Pilates ve Mat Temelli Pilates Egzersizlerinin Denge Üzerindeki Akut Etkilerinin Karşılaştırılması, In: *9. INTERNATIONAL HEALTH SCIENCES AND LIFE CONGRESS*, Turkey, 2026.

B6. Kara Kaya B., Kılıç B. B., Can Proprioception Predict Performance? A Machine Learning Approach in Adolescent Basketball Athletes with Chronic Ankle Instability, In: *1. Biruni International Health Sciences Congress*, İstanbul, Turkey, 2025.

B7. Kılıç B. B., Kara Kaya B., Inter- And Intrarater Reliability of Anterior Postural Assessment Using the PhysioPrint Application in Junior Female Professional Volleyball Athletes, In: *8th International Health Sciences and Life Congress*, Burdur, Turkey, 2025.

B8. Kara Kaya B., Kılıç B. B., Can Proprioception Predict Performance? A Machine Learning Approach in Adolescent Basketball Athletes with Chronic Ankle Instability, In: *I. Biruni International Health Sciences Congress*, Turkey, 2025.

D. Articles published in national peer-reviewed journals:

D1. Utku Umut G., Hoşbay Z., Kılıç B. B., "Pelvic Floor Health Knowledge and Pelvic Floor Dysfunctions in Disadvantaged Romani Women Living in Sulukule: Associations with Sociodemographic Factors, Health Literacy and Quality of Life", *Journal of Inonu University Vocational School of Health Services*, vol. 14, no. 3, 2026.

D2. Utku Umut G., Kılıç B. B., Hoşbay Z., "The Role of Maternal Factors in the Motor Development and Physical Activity Levels of Children Living in a Disadvantaged Area: Cross-Sectional Field Study on the Sulukule Example", *Turkiye Klinikleri Journal of Health Sciences*, vol. 11, 2026.

D3. Kaygusuz Benli R., Mete E., Kılıç B. B., Yaşarer Ö., "Health Literacy and Knowledge of Cardiovascular Risk Factors in Middle-Aged Adults: Associations with Sociodemographic and Clinical Characteristics.", *Acıbadem Üniversitesi Sağlık Bilimleri Dergisi*, 2026.

D4. Kılıç B. B., "Adaptation of the short multidimensional inventory lifestyle evaluation-confinement to Turkish: Validity and reliability study", *Sağlık Akademisyenleri Dergisi*, vol. 10, no. 4, 2023.

D5. Kılıç B. B., Akgül H., Timurtaş E., Özer A. Y., "Knowledge Level of Pelvic Floor and Pelvic Floor Disorders According to and Related Disorders According to Gender and Education Levels", *International Journal of Disabilities Sports and Health Sciences*, 2023.

D6. Kılıç B. B., "Adolesanlarda omurganın sagital düzlem dizilimi", *Celal Bayar Üniversitesi Sağlık Bilimleri Enstitüsü Dergisi*, vol. 8, no. 1, pp. 23-28, 2020.

D7. Kılıç B. B., "Sağlık Alanlarında Eğitim Gören Öğrencilerin Skolyoz ile İlgili Bilgi Düzeyi", *Celal Bayar Üniversitesi Sağlık Bilimleri Enstitüsü Dergisi*, vol. 7, no. 3, pp. 367-372, 2020.

D8. Kılıç B. B., "The Effects of Kinesio Tape Application on Functional Performance Measurements in Young Female Basketball Players with Chronic Ankle Instability", *Journal of Sports Science*, vol. 5, 2017.

E. Papers presented at national scientific meetings and published in proceedings:

E1. Rahimi Sard Rod M. R., Özvatan M., Borounmand S., Çavdarcı F., Kılıç B. B., Kara Kaya B., Mulligan SNAG Tekniğinin Nonspesifik Bel Ağrılı Bireylerde Çok Boyutlu Klinik Sonuçlar Üzerindeki Etkisi: Randomize, Sham Kontrollü Bir Çalışma, In: *4th International Eurosia Health Sciences Congress (IEHSC2026)*, Turkey, 2026.

E2. Vural B., Hoşbay Z., Kılıç B. B., Kapıcıoğlu M., Rotator Manşet Lezyonu Olan Hastalarda Diyafragmatik Solunum Egzersizlerinin Üst Ekstremite Stabilitesi, Anksiyete, Ağrı ve Fonksiyon Üzerine Etkileri: Randomize Kontrollü Çalışma, In: *XIV. Türk Omuz ve Dirsek Cerrahisi ve Fizyoterapi Ortak Toplantısı*, Turkey, 2026.

E3. Erhan Ş., Hoşbay Z., Kılıç B. B., Kapıcıoğlu M., ROTATOR MANŞET LEZYONLARINDA SKAPULAR STABİLİZASYON EGZERSİZLERİ VE PROPRİOSEPTİF NÖROMUSKÜLER FASİLİTASYONUN AĞRI, EKLEM HAREKET AÇIKLIĞI, FONKSİYONELLİK, SKAPULAR DİSKİNEZİ, PROPRİOSEPSİYONA ETKİSİ, In: *34. Ulusal Türk Ortopedi ve Travmatoloji Kongresi*, Turkey, 2025.

E4. Kara Kaya B., Kılıç B. B., Güney İ., Hoşbay Z., DİSTAL RADİUS KIRIĞI SONRASI ÜST EKSTREMİTE FONKSİYONLARI VE KAS AKTİVASYONU UZUN DÖNEMDE NASIL ETKİLENİR? PİLOT ÇALIŞMA, In: *19. El ve Üst Ekstremite Cerrahisi Kongresi*, Muğla, Turkey, 2025.

E5. Kara Kaya B., Kılıç B. B., Güney İ., Hoşbay Z., Ayık Ö., Distal radius kırığı sonrası üst ekstremite fonksiyonları ve kas aktivasyonu uzun dönemde nasıl etkilenir? Pilot Çalışma, In: *19. Ulusal El ve Üst Ekstremite Cerrahisi Kongresi ve 8. Ulusal El Rehabilitasyonu Kongresi*, Antalya, Turkey, 2025.