



CURRICULUM VITAE

Name and Surname: Berivan Beril Kılıç
Academic Title: Assistant Professor
Work Address:
Email: berilk@biruni.edu.tr
Area of Expertise: Health Sciences
Physical therapy and rehabilitation

Degree	Department/Program	University	Year
Doctorate	FİZYOTERAPİ VE REHABİLİTASYON (DR)	Marmara University	2023
Master's Degree	EGZERSİZ FİZYOLOJİSİ (YL) (TEZLİ)	İstanbul University	2015
Bachelor's Degree	FİZİK TEDAVİ VE REHABİLİTASYON PR.	İstanbul University	2011

Master's Thesis Title (abstract attached) and Thesis Supervisor(s):

Kronik ayak bileği instabilitesi olan genç bayan basketbolcularda kinesio tape uygulamasının fonksiyonel performans ölçümleri üzerine etkisi

Doctoral Thesis/Proficiency Study/Medical Specialization Thesis Title (abstract attached) and Supervisor(s):

Üriner inkontinanslı olgularda bire bir ve grup şeklinde verilen video konferans telerehabilitasyon yönteminin etkinliği

PUBLICATIONS

A. Articles published in international peer-reviewed journals:

- A1.** Benli R. K., Yaşarer Ö., Mete E., Kılıç B. B., "The relationship between comorbidities, physical inactivity, kinesiophobia and physical performance in hypertensive individuals: a cross-sectional study.", *BMC Cardiovascular Disorders*, vol. 25, 2025.
- A2.** Yaşarer Ö., Mete E., Kaygusuz Benli R., Kılıç B. B., Doğan H., Sarı Z., "Association between smartphone addiction and myofascial trigger points", *BMC Musculoskeletal Disorders*, vol. 25, no. 1, 2024.
- A3.** Kılıç B. B., Yıldız Ozer A., Ozarpacı C., Polat M. G., "The Comparison of Individual and Group Hybrid Telerehabilitation Methods in Women with Urinary Incontinence", *International Urogynecology Journal*, vol. 35, no. 6, pp. 1299-1315, 2024.
- A4.** Akgül H., Kılıç B. B., Selçuk H., Sermenli Aydın N., Mete E., Sari D. M., Drake S., Kuru Çolak T., "CURRENT KNOWLEDGE OF SCOLIOSIS IN PHYSIOTHERAPISTS AND PHYSIOTHERAPY STUDENTS TRAINED IN TURKEY", *Turkish Journal of Physiotherapy and Rehabilitation*, vol. 33, no. 3, pp. 123-129, 2022.
- A5.** Genc A., Cakarer S., Yalcın B. K., Kılıç B. B., Isler S. C., Keskin C., "A comparative study of surgical drain placement and the use of kinesiological tape to reduce postoperative morbidity after third molar surgery", *Clinical Oral Investigations*, vol. 23, no. 1, pp. 345-350, 2019.

D. Articles published in national peer-reviewed journals:

- D1.** Kılıç B. B., "Adaptation of the short multidimensional inventory lifestyle evaluation-confinement to Turkish: Validity and reliability study", *Sağlık Akademisyenleri Dergisi*, vol. 10, no. 4, 2023.

D2. Kılıç B. B., Akgül H., Timurtaş E., Özer A. Y., "Knowledge Level of Pelvic Floor and Pelvic Floor Disorders According to and Related Disorders According to Gender and Education Levels", *International Journal of Disabilities Sports and Health Sciences*, 2023.

D3. Kılıç B. B., "Adolesanlarda omurganın sagittal düzlem dizilimi", *Celal Bayar Üniversitesi Sağlık Bilimleri Enstitüsü Dergisi*, vol. 8, no. 1, pp. 23-28, 2020.

D4. Kılıç B. B., "Sağlık Alanlarında Eğitim Gören Öğrencilerin Skolyoz ile İlgili Bilgi Düzeyi", *Celal Bayar Üniversitesi Sağlık Bilimleri Enstitüsü Dergisi*, vol. 7, no. 3, pp. 367-372, 2020.

D5. Kılıç B. B., "The Effects of Kinesio Tape Application on Functional Performance Measurements in Young Female Basketball Players with Chronic Ankle Instability", *Journal of Sports Science*, vol. 5, 2017.