



CURRICULUM VITAE

Name and Surname: Jülide KESEBİR

Date of Birth: 1997

Academic Title: Lecturer

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Certificates Received: İSTER, İstanbul İl Sağlık Müdürlüğü, Telerehabilitasyon Farkındalık Eğitimi
DIR Floortime 101 Eğitimi- Dil ve Konuşma Terapisi Uygulayıcı Sertifikası

Area of Expertise: Health Sciences
Physical therapy and rehabilitation
Rehabilitation
Sağlık Bilimleri > Tıp > Diğer > Odyoloji & Konuşma-Dil Patolojisi

Degree	Department/Program	University	Year
Bachelor's Degree	Department of Language and Speech Therapy	Biruni University	2024
Master's Degree	Graduate Education Faculties Administrative Unit	Biruni University	2023
Bachelor's Degree	Department of Physiotherapy and Rehabilitation	Biruni University	2019

Master's Thesis Title (abstract attached) and Thesis Supervisor(s):

MULTIPLE SKLEROZ'LU BİREYLERDE SOLUNUM İLE KOMBİNE UYGULANAN ÜST EKSTREMİTE VE GÖVDEYE YÖNELİK PROPRİOSEPTİF NÖROMUSKÜLER FASILİTASYON TEKNİKLERİNİN, SOLUNUM KAPASİTESİ VE YUTMA ÜZERİNE ETKİLERİNİN İNCELENMESİ

Position Title	Workplace	Year
Lecturer	Biruni University	2023-Continues

PUBLICATIONS

A. Articles published in international peer-reviewed journals:

A1. "Do proprioceptive neuromuscular facilitation techniques improve respiratory parameters and swallowing in people with multiple sclerosis: A randomized-controlled study", Multiple Sclerosis and Related Disorders, 2024.

B. Papers presented at international scientific meetings and published in proceedings:

B1. "Effectiveness of Proprioceptive Neuromuscular Facilitation on Respiratory Functions and Swallowing in Multiple Sclerosis: A Randomized Comparative Study", Conference: 9th International Congress of the European Committee for Treatment and Research in Multiple Sclerosis, 2023.

B2. "The relationship between swallowing function, pulmonary functions and respiratory muscle strength in patients with multiple sclerosis", Conference: 38th International Congress of the European Committee for Treatment and Research in Multiple Sclerosis, 2022.

D. Articles published in national peer-reviewed journals:

D1. "Investigating the usage of motion verbs in Parkinson's disease", Acıbadem Üniversitesi Sağlık Bilimleri Dergisi, 2025.

E. Papers presented at national scientific meetings and published in proceedings:

E1. "Multiple Skleroz' lu Bireylerde Yutma Güçlüğü'nün Yorgunluk, Fonksiyonel Kapasite ve Yaşam Kalitesi Üzerine Etkilerinin İncelenmesi", 9. Ulusal Fizyoterapi ve Rehabilitasyon Kongresi-Pamukkale Üniversitesi, Denizli / Türkiye, 2023.