



CURRICULUM VITAE

Name and Surname: Manolya SAĞLAM
Academic Title: Assistant Professor
Work Phone: 444 8 276
Work Address: Biruni Üniversitesi, Eğitim Fakültesi, B Blok
Email: manolyas@biruni.edu.tr
Foreign Languages Known (Score and Year): English, C2 Proficiency, 2010
Area of Expertise: Social Sciences and Humanities

Degree	Department/Program	University	Year
Doctorate	İNGİLİZ DİLİ VE EDEBİYATI (DR)	İstanbul Aydın University	2019
Master's Degree	İNGİLİZ DİLİ EĞİTİMİ (YL) (TEZLİ) (İNGİLİZCE)	Çukurova University	2014
Bachelor's Degree	YABANCI DİLLER EĞİTİMİ BÖLÜMÜ	Atatürk University	2007

Master's Thesis Title (abstract attached) and Thesis Supervisor(s):

IMPROVING THE MOTIVATION OF 5TH GRADE STUDENTS IN LEARNING ENGLISH THROUGH USING AUTOMATA (MECHANICAL MOVING TOYS) AS A LEARNING MATERIAL

Doctoral Thesis/Proficiency Study/Medical Specialization Thesis Title (abstract attached) and Supervisor(s):

The relationship between academic self-concept, academic achievement and l2 learning motivation of high school students in foreign language learning

Position Title	Workplace	Year
Assistant Professor	Biruni University	2021-Continues
Lecturer	Ordu University	2021
Lecturer	Ordu University	2020-2021
Lecturer	Ordu University	2019-2020
Lecturer	Ordu University	2017-2021
Lecturer	İstanbul Aydın University	2010-2011

Administrative Duties:

1. Head of Department - Biruni University (2022 - Continues)
2. Head of Department - Ordu University (2017 - 2018)

Undergraduate and graduate level courses taught in the last two years (If offered, summer courses will also be added to the table):

Academic Year	Semester	Course Name	Weekly Hours		Number of Students
			Theoretical	Practical	
2025	Spring	Topluma Hizmet Uygulamaları			
2025	Spring	Bilim ve Araştırma Etiği			
2025	Spring	Dinleme ve Sesletim			
2025	Spring	İngilizce Öğretiminde Ders Tasarımı ve Planlama			
2025	Fall	Topluma Hizmet Uygulamaları			
2025	Fall	Bilim ve Araştırma Etiği			
2025	Fall	Dinleme ve Sesletim			
2025	Fall	İngilizce Öğretiminde Ders Tasarımı ve Planlama			

PUBLICATIONS

A. Articles published in international peer-reviewed journals:

A1. Sağlam M., Özdemir H. D., "Investigating the Mediating Role of Self-Compassion in the Relationship Between Authenticity and Alexithymia in University Students", *Psychological Reports*, vol. 127, no. 4, 2024.

B. Papers presented at international scientific meetings and published in proceedings:

B1. Sağlam M., REIMAGINING TEACHING ENGLISH TO YOUNG LEARNERS THROUGH THE METAVERSE: A STUDY OF PRE-SERVICE ELT TEACHERS' PROFESSIONAL DEVELOPMENT, In: *AKAP International Academic Platform-International Congress on Educational Sciences and Academic Development*, Ankara, Turkey, 2026.

B2. Sağlam M., SUSTAINABLE TEACHER DEVELOPMENT THROUGH MENTORING IN A TEACHING ENGLISH TO YOUNG LEARNERS COURSE: A QUALITATIVE STUDY OF COGNITION, IDENTITY, AND COMMUNITIES OF PRACTICE, In: *AKAP International Academic Platform-International Congress of Educational Sciences and Academic Development*, Ankara, Turkey, 2026.

B3. Sağlam M., Positive and Negative Effects of Erasmus Student and Staff Mobility, In: *1st Academic International Exchange Roundtable-Our First Steps in Academic Mobility*, University of Occupational Safety Management in Katowice, Poland/Polonya, Katowice, Poland, 2025.

B4. Sağlam M., Artificial Intelligence and English Language Teaching: Reconstructing Teacher Identity in the Digital Age, In: *İNÖED AELTE 2025 Association of English Language Teacher Educators*, Kahramanmaraş, Turkey, 2025.

B5. Sağlam M., Integrating Artificial Intelligence and Drama in ELT: Pathways to Sustainable Teacher Education, In: *ULEAD – ICRAL 2025 Congress: 9th International Congress on Research in Applied Linguistics: 14th International ELT Research Conference*, Ankara, Turkey, 2025.

B6. Sağlam M., A Qualitative Investigation on Attitudes of Pre-Service Elt Teachers' towards Using Drama Method in Tefl Classes, In: *10th International Black Sea Coastline Countries Scientific Research Conference*, Samsun, Turkey, 2024.

B7. Sağlam M., Pre-Service English as a Foreign Language (Efl) Teachers' Thoughts and Feelings on Using Drama Games in Language Classes, In: *10th International Black Sea Coastline Countries Scientific Research Conference*, Samsun, Turkey, 2024.

B8. Sağlam M., An Investigation of Pre-Service English Language Teaching Students' Anxiety at the Beginning and end of the Semester Related to English Language Testing and Evaluation Course, In: *2. Bilsel International Gordion Scientific Researches Congress*, Ankara, Turkey, 2024.

B9. Sağlam M., An Investigation of Pre-Service English Language Teaching Students' Opinions on their Practicum at Schools, In: *2. Bilsel International Gordion Scientific Researches Congress*, Ankara, Turkey, 2024.

B10. Sağlam M., Köksal Ö., The Relationship Between Efl Teachers' Burnout and Their Classroom Management, In: *1st International Language-for-All Conference*, Çukurova University, Adana, Turkey, 2022.

B11. Sağlam M., Köksal Ö., Teachers' Occupational Stress and its Effects on their Self-efficacy, In: *International Language Teacher Psychology Conference, Teachers Matter!*, Çağ University, Adana, Turkey, 2022.

B12. Sağlam M., The Relationship between the Academic Self-concept of Turkish Students and their Reading Skills, In: *Biruni University 2nd International Congress on Teaching & Teacher Education Biruni University*, İstanbul, Turkey, 2022.

B13. Sağlam M., Han .. T., Gözpnar H., Akademisyenlerin Uluslararası Akademik Etkinliklerde Yabancı Dilde Yaşadığı İletişim Kaygıları, In: *7th International Conference on Narrative and Language Studies at Karadeniz Technical University*, Trabzon, Turkey, 2018.

- B14.** Sağlam M., Awareness and Satisfaction of Participants about Erasmus+ Exchange Program, In: *ERACON 2018 (Erasmus Congress and Exhibition) at Universidad de Murcia*, Murcia, Spain, 2018.
- B15.** Sağlam M., Using Isolated and Integrated Form-Focused Instruction in Vocabulary Development in English Reading Lessons, In: *Çukurova International ELT Teachers Conferences (4th) "Innovative Practices in EFL/ESL Learning and Teaching"* at Çukurova University, Adana, Turkey, 2018.
- B16.** Sağlam M., Bulut T., The Relationships Between Actual L2 Self, Ideal L2 self and Ought-to L2 Self of Turkish Students in EFL Classes, In: *Çukurova International ELT Teachers Conferences (4th) "Innovative Practices in EFL/ESL Learning and Teaching"* at Çukurova University, Adana, Turkey, 2018.
- B17.** Sağlam M., Teachers' Reflection on their Teaching Procedures and their Opinions about Being Qualified, Useful and Ideal Teachers according to the Situations in the Classrooms, In: *1st International Symposium of Silk Road Academic Studies at Nevşehir Hacı Bektaş Veli University (Türkiye), Belgrade University (Serbia) and Turkish Historical Society*, Nevşehir, Turkey, 2017.
- B18.** Sağlam M.,) Improving the Autonomous Learning Skills of 8th Grade Students throughout the Learning and Teaching Year Process, In: *1st International Symposium of Silk Road Academic Studies at Nevşehir Hacı Bektaş Veli University (Türkiye), Belgrade University (Serbia) and Turkish Historical Society*, Nevşehir, Turkey, 2017.
- B19.** Sağlam M., Adapting Textbook with Tounge Twisters in Foreign Language Classes of 4th Grades in Turkish Primary Schools in order to Improve the Speaking Skills of Students, In: *1st International Symposium of Silk Road Academic Studies at Nevşehir Hacı Bektaş Veli University (Türkiye), Belgrade University (Serbia) and Turkish Historical Society*, Nevşehir, Turkey, 2017.
- B20.** Sağlam M., Türk Ortaokulları Yabancı Dil Öğreniminde ve Derslerinde Öğrencilerinin Motivasyonunu Arttırmak için Öğrenme Materyali Olarak Automata (Mekanik Özdevinimli Oyuncaklar) Kullanma, In: *IX. International Congress of Educational Research at Ordu University The theme of the 2017 Congress is "Education and Educational Research for the Participatory Democracy and Public Democratic Consciousness*, Ordu, Turkey, 2017.
- B21.** Sağlam M., Adapting Textbook with Drama Activities in Foreign Language Classes of 6th Grades in Turkish Secondary Schools in order to Improve the Speaking Skills of Students, In: *CUELT 2017 - Cukurova International ELT Teachers Conference (3rd) at Çukurova University*, Adana, Turkey, 2017.
- B22.** Sağlam M., Improving the Critical Thinking Skills of 8th Grade Students through Using Six Thinking Hats Technique, In: *Çukurova International ELT Teachers (CUELT) Conference " An Insider Voice into Practice"* at Çukurova University, Adana, Turkey, 2015.
- B23.** Sağlam M., Adapting Textbook with Songs Chants and Rhymes in Foreign Language Classes of Turkish Primary Schools, In: *4th International ELT Students Conference at Cukurova University*, Adana, Turkey, 2013.

C. National/international books written or chapters in books:

C1. National/international books written:

- C1.1.** Sağlam M., *Theory and Practice of Teaching English to Young Learners I-II*, International/Uluslararası Eğitim Kitap, Ankara, 2023.
- C1.2.** Sağlam M., *New Approaches in ELT*, International/Uluslararası Eğitim Kitap Publisher, Ankara, 2022.

C2. Chapters in national/international books written:

- C2.1.** Sağlam M., "THE RELATIONSHIP BETWEEN ACADEMIC SELF-CONCEPT, ACADEMIC ACHIEVEMENT, AND L2 LEARNING MOTIVATION", *EDUCATION & SCIENCE 2026-I*, EFE ACADEMY / Efe Akademik Publishing, İstanbul, 2026.
- C2.2.** Sağlam M., "Secondary School English Language Curriculum", *Theory and Practice of Teaching English to Young Learners I-II*, International/Uluslararası Eğitim Kitap, Ankara, 2023.
- C2.3.** Sağlam M., "Teaching Proficiency through Reading and Storytelling", *New Approaches in ELT*, International/Uluslararası Eğitim Kitap, Ankara, 2022.
- C2.4.** Sağlam M., "Situating Language Learning", *New Approaches in ELT*, International/Uluslararası Eğitim Kitap, Ankara, 2022.

D. Articles published in national peer-reviewed journals:

- D1.** Sağlam M., "Sustainable Teacher Development Through Mentoring in A Teaching English to Young Learners Course: A Qualitative Study of Cognition, Identity, and Communities of Practice", *INTERNATIONAL JOURNAL OF SOCIAL SCIENCE HUMANITY & MANAGEMENT RESEARCH*, vol. 5, no. 3, pp. 572-580, 2026.
- D2.** Sağlam M., "Exploring the Perspectives of ELT Pre-Service Teachers on Integrating Drama Activities into English Language Teaching and their Experiences in Drama in ELT Course", *Bolu Abant İzzet Baysal Üniversitesi Eğitim Fakültesi Dergisi (BAİBÜEDF) Bolu Abant İzzet Baysal University Journal of Faculty of Education*, vol. 26, no. 1, pp. 325-343, 2026.
- D3.** Sağlam M., "THE ROLE OF ACADEMIC SELF-CONCEPT IN LANGUAGE LEARNING: EVIDENCE FROM HIGH SCHOOL STUDENTS", *Eurasian Education & Literature Journal*, vol. 21, pp. 28-40, 2026.
- D4.** Sağlam M., "Integrating Artificial Intelligence and Drama in ELT: Pathways to Sustainable Teacher Education", *Sociology Study*, vol. 16, no. 1, pp. 33-46, 2026.

- D5.** Sağlam M., "Enhancing Critical and Creative Thinking Skills of Pre-Service Teachers Through Drama Integration in ELT Within the 21st Century Learning Framework", *editor@irijsh.com Innovative Research Journal of Sociology and Humanities*, vol. 3, no. 2, pp. 112-122, 2026.
- D6.** Sağlam M., "Attitudes of Pre-Service Teachers towards Teaching English to Young Learners to Improve their 21st Century Learning Skills", *Journal of Anatolian Cultural Research / Anadolu Kültürel Araştırmalar Dergisi (ANKAD) /*, vol. 9, no. 3, pp. 679-700, 2025.
- D7.** Sağlam M., "An Investigation of Pre-Service English Language Teaching Students' Opinions About Their Practicum at Schools on the Basis of Sustainable Development Goals", *Journal of Lifestyle and SDGs Review (Q3)*, vol. 5, no. 2, 2025.
- D8.** Sağlam M., "The Relationship between the Academic Self-concept of Turkish ELT Students and their Reading Skills", *Innovational Research in ELT*, vol. 5, no. 2, pp. 66-74, 2024.
- D9.** Sağlam M., "English Language Teachers' Occupational Stress Level and its Effects on their Self-efficacy in Teaching and Learning Environment", *PERR- Psycho-Educational Research Reviews*, vol. 13, no. 2, pp. 105-115, 2024.
- D10.** Sağlam M., "Examining Non-Native English Speaking Academics' Communication Apprehension in International Academic Meetings: A Turkish Context", *İnönü Üniversitesi Eğitim Fakültesi Dergisi*, vol. 21, no. 2, 2020.
- D11.** Sağlam M., "ADAPTING COURSEBOOK WITH TOUNGE TWISTERS IN FOREIGN LANGUAGE CLASSES OF 4TH GRADES IN TURKISH PRIMARY SCHOOLS IN ORDER TO IMPROVE THE SPEAKING SKILLS OF STUDENTS", *The Journal of International Civilization Studies Uluslararası Medeni*, vol. 3, no. 1, pp. 387-403, 2018.
- D12.** Sağlam M., "Using Toys as a Learning Material in order to Improve the Motivation of Young Learners in Foreign Language Classes", *SSS Journal, Social Sciences Studies Journal*, vol. 3, no. 11, pp. 1688-1700, 2017.
- D13.** Sağlam M., "The Effect of Six Thinking Hats Technique on Critical Thinking Skills of 8th Grade Students", *Asos Journal, the Journal of Academic Social Sciences*, no. 60, pp. 466-487, 2017.
- D14.** Sağlam M., Bulut T., "Improving the Motivation of 6th Grade Students Learning English in Rural Areas: Drama Techniques", *Asos Journal, the Journal of Academic Social Sciences*, no. 54, pp. 47-58, 2017.

E. Papers presented at national scientific meetings and published in proceedings:

- E1.** Sağlam M., Enhancing Critical and Creative Thinking Skills of Pre-Service Teachers through Drama Integration in ELT within the 21st Century Learning Framework, In: *Congress on Dynamic Approaches in Foreign Language Education (DAFLE) / YABANCI DİL EĞİTİMİNDE DİNAMİK YAKLAŞIMLAR KONGRESİ*, Bolu, Turkey, 2025.